| X-Small | Small | Medium | Large |
|------------|--------------|---------------|----------------|
| Men: 4-6 | Men: 6.5-8 | Men: 8.5-10 | Men: 10.5-12 |
| Women: 5-7 | Women: 7.5-9 | Women: 9.5-11 | Women: 11.5-13 |